



2023 LEGISLATIVE INTERIM PRIOR AUTHORIZATION STUDY

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OVERVIEW

- 2023 legislative session: Sanford perspective on SB2389
- Interim Prior Authorization Study
 - How does Sanford Health Plan use prior authorization?
 - Current data
 - Current regulation and accreditation standards
 - Provider experience
- Looking ahead: 2023 legislative interim and Opportunities

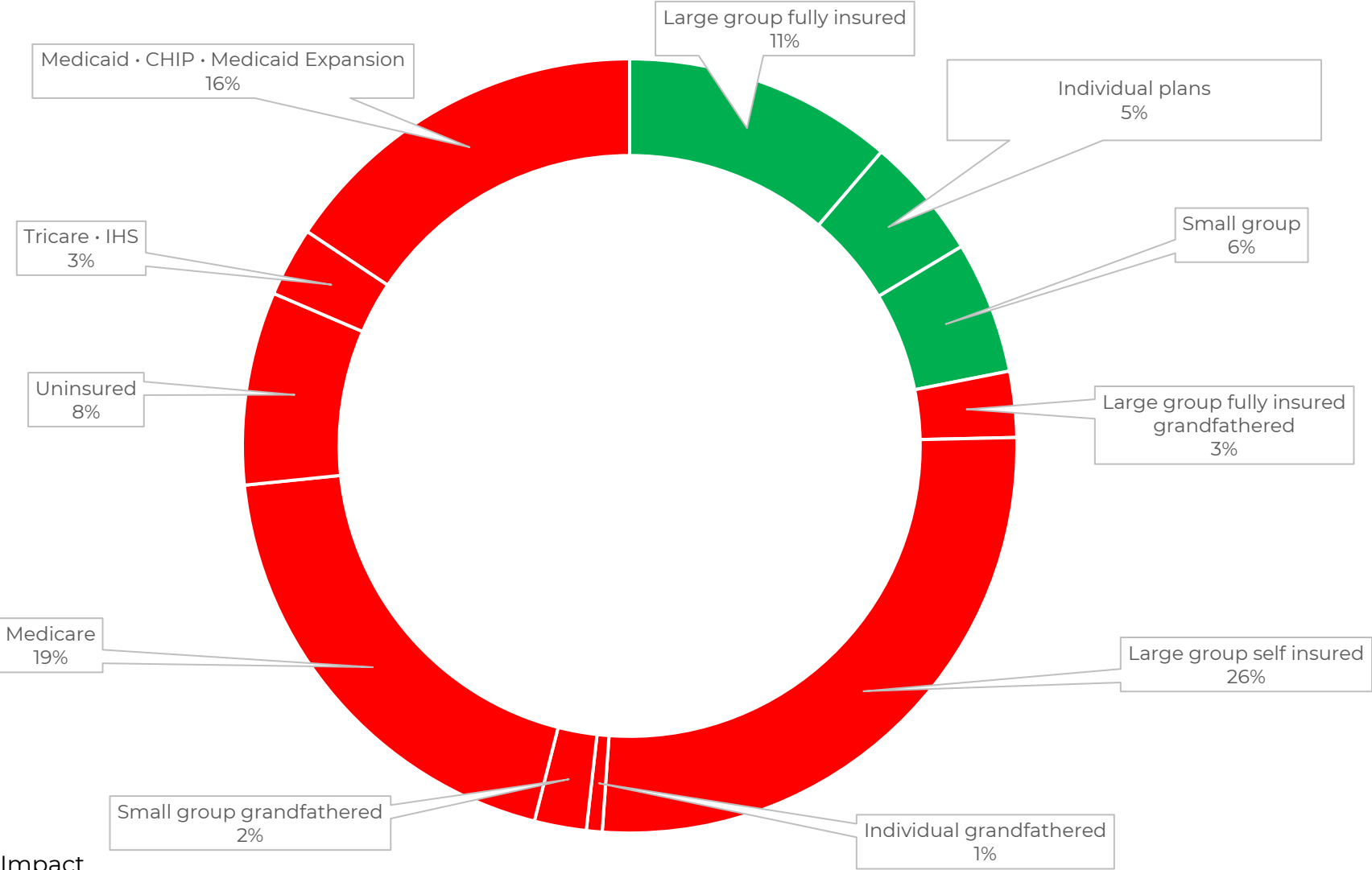



SB2389: SANFORD PERSPECTIVE


- Integrated care delivery
- Opposition position
- Supportive of study
- Looking ahead and path forward



STATE LEGISLATION AND HEALTH INSURANCE MARKET IMPACT



 No State Legislative Impact

 State Legislation-Impacted Markets



PRIOR AUTHORIZATION: SANFORD HEALTH PLAN



- Member and provider resources [publicly available](#)
- Medical and prescription drug prior authorization information
- Provider portal
- Devoted utilization management and medical team
- Review of highly utilized prior authorizations



MEDICAL PRIOR AUTHORIZATION AFFECTS A SMALL PERCENTAGE OF SANFORD HEALTH PLAN MEMBERS

	2022
Prior Auth Requests	42,210
Prior Auth Approvals	31,623
Prior Auth Denials	4,995

Primary reasons for denial:

- Medical necessity not established
- Out-of-network denial

Other Aspects

- Prior-Authorization Not Required
 - 5,592

Affected approx. 12% of Sanford Health Plan Membership and approx. 2.1% of total medical claims for 2022.



CURRENT REGULATIONS AND STANDARDS

- Affordable Care Act establishes some prior authorization regulations
- National Committee on Quality Assurance (NCQA) establishes the accreditation standards
 - **Sanford Health Plan recently scored 98%**
- Medicare Advantage Star Ratings
 - **4.5 out of 5 Stars in Total**
 - **4.6 out 5 Stars for CAHPS – Consumer Assessment of Healthcare Providers and Systems**
- Sanford Health Plan has medical/clinical staff devoted to prior authorization review
- Peer-to-peer reviews and informal discussions
- External review organizations



PROVIDER PERSPECTIVES

- An [employee] with [ND Health System] called to say thank you for approving their auth request ASAP, complimented on turn around times.
- I just wanted to let you know how much [the Sanford Health Plan team] is a huge help to me! If I ever have any questions, [they] make[...] sure I get a response, whether it be from [them] or directing me to someone who can help. [They are a] godsend and is quite pleasant to work with. I am able to ultimately assist patients with confidence and assurance. [They are] my number one source I go to in [their] expertise and personality.



AREAS OF OPPORTUNITY

- Adoption and Use of Electronic Prior-Authorization
- Identify the Definitive Issue in North Dakota
- Legislation or Regulation Needed?
- Impact of Current, Pending, or Future Regulations to Avoid Overlap, Duplication, and Administrative Spending





QUESTIONS?