

Members of the Senate Human Services Committee,

My name is Lisa Pulkrabek and I live outside of Mandan in District 31. I am writing to you today to ask you to please render a Do Pass recommendation on HB 1254 Relating to the prohibition of certain practices against a minor; to provide a penalty; and to declare an emergency.

Women are women and men are men. An adult man can take 100 hormone shots, grow his hair out, wear a dress, put on lipstick and change his name but he will always be a man. An adult woman can take 100 male hormones, have her breasts removed, cut her hair short and change her name but she will still be a female. This is a fact of biology.

Children who are confused about their gender need loving psychological therapy not genital altering surgeries, hormones and puberty blockers. These are dangerous, permanent and we don't know the long term effects on the overall health of the individual. Think of a student who is suffering from anorexia, should the school officials play along with the student and call him or her fat, withhold food and encourage excessive exercise because the student might feel offended if they do not? Should the students be sure that the individual sits at lunch with no food on their plate? That would be considered abuse. It is psychological abuse to play along with a student who has gender dysphoria.

I support this bill because children under the age of 18 need to have time, a few more years to truly wait and see if their gender dysphoria will go away as it often does. Kids and teenagers are easily persuaded to do things that are not healthy. There is an agenda out there pushing transgenderism on kids and lonely, isolated, abused, neglected and ostracized confused kids can fall prey to this agenda. The state on ND needs to protect these kids from mutilation and hormone therapy that can truly harm their bodies. Let them wait until they are 18 to decide to take these treatments and surgeries. I think that teens with gender dysphoria need love and encouragement to look outside of themselves. Let's get these youngsters psychotherapy just like we give to those who have depression, anxiety, anorexia, bulimia and other mental disorders.

I am attaching many links to testimonies of individuals who have transitioned from one sex to the other and now regret it. This is a real thing. In fact, there are studies that show that trans people are no happier after their transitions than they were beforehand. So it begs the question, was their gender really the problem or are they truly psychologically unwell?

These are videos! You don't even have to read them. Real life stories from the people who went through this trauma themselves. Grab a box of tissues.

<https://youtu.be/6O3MzPeomqs>

<https://youtu.be/27qjn0v4Av4>

<https://youtu.be/fDi-jFVBLA8>

<https://youtu.be/QbXyyq1333l>

<https://youtu.be/OmsYKSiBZzU>

<https://youtu.be/mRh80xSI8QQ>

<https://youtu.be/U7hxYBDcElc>

<https://youtu.be/ZTzkqZUNK0c>

<https://youtu.be/doaHPFWEa7E>

These are articles.

<https://www.hli.org/resources/what-percentage-of-transgenders-regret-surgery/>

<https://www.nationalreview.com/2021/06/how-transgender-ideology-takes-children-hostage/>

<https://www1.cbn.com/cbnnews/world/2019/october/a-tidal-wave-of-transgender-regret-for-hundreds-of-people-they-dont-feel-better-for-it>

Again I kindly urge you to render a Do Pass recommendation on HB 1254

Thanks ! Lisa Pulkrabek