

Introduced by

Representative M. Nelson

1 A BILL for an Act to provide for a public employee health benefit diabetes pilot program; and to
2 provide for a legislative management report.

3 **BE IT ENACTED BY THE LEGISLATIVE ASSEMBLY OF NORTH DAKOTA:**

4 **SECTION 1. PUBLIC EMPLOYEES RETIREMENT SYSTEM - DIABETES PILOT**
5 **PROGRAM - REPORT TO LEGISLATIVE MANAGEMENT.**

6 1. During the 2023-25 biennium, the public employees retirement system shall contract
7 with a third party to conduct a low-carbohydrate diet diabetes pilot program for the
8 uniform group insurance health benefits plan. The pilot program must:

- 9 a. Enroll approximately fifty members with type 2 diabetes to participate in the pilot
10 program, with approximately half the enrollees identified as a control group.
11 b. Use a third party with documented effectiveness in using a low-carbohydrate diet
12 in treating type 2 diabetes, resulting in remission and reversal.
13 c. Provide telehealth support to track and monitor patients.
14 d. Provide for deprescription of prescription drugs as appropriate.
15 e. Provide for baseline tests, a1c level tests, comprehensive metabolic panels, and
16 tracking of blood pressure, weight, and medications.
17 2. During the 2023-24 interim, the public employees retirement system shall provide
18 legislative management with periodic status reports on the pilot project.